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# Martina Gollackner

this Certificate of Attendance at  
MotherLove's DONA International Approved

## ~ BIRTH DOULA ~

### 21 HOUR BIRTH DOULA WORKSHOP

This workshop counts as one step towards certification with DONA International  
March 24<sup>th</sup>, 25<sup>th</sup>, 26<sup>th</sup>, 2010  
Graz, Austria

INCLUDING:

- Significance of Birth to a Woman
- Role and Scope of Practice of Doulas
- Prenatal Contact Between Doula and Client
- Comfort Measures for Labor
- Postpartum Helping the Mother Integrate Her Birth Experience

- What is the Ideal Birth
- Emotional Support in Labor
- Labor Support in Difficult Labors
- Cesarean Delivery
- Initiating Breastfeeding

Debra Pascali-Bonaro, LCCE CD(DONA)

March 2010